

# CAMBRIDGE THAI BOXING ACADEMY

*“Ultimate in Fitness & Self Defence”*

*If you want to learn a martial art that is 100% effective...*

Come & learn authentic Thai Boxing in an open, friendly atmosphere. Men, women & children all welcome. Whether you are interested in taking up Thai Boxing for the mental or physical well being, we guarantee to improve your fitness & self-confidence.

Always Challenging & ***Fun!!***

***First Session £1.00***

Monday & Wednesday 6.30pm  
CC's Cafe, Main Hall, Sturton Street

**Contact:**

**Kru Ryan**

**T. 07734 448803**

**[www.singto.co.uk](http://www.singto.co.uk)**

**[ryanrudkin@singto.co.uk](mailto:ryanrudkin@singto.co.uk)**

